

How Religious Narcissists Think



What They are Thinking

They think you are worthless unless you agree with them.

They are really thinking about the deep shame they cannot ever let anyone know about.

They think they can never really let anyone know what they are really thinking.

They Think They Know the Thoughts of God

Impossible to respond: who can question God?

Doesn't let people get close so they can see what he is really thinking about deep inside.

Claims God as the final authority if you try to push back on him.

How Their Thinking Affects Others

Makes you feel like you are isolated from God.

Makes you afraid to speak out for yourself because he has given you no room for your thoughts.

They will get very angry if you disagree with what they are thinking.

How to Deal With Their Thinking

Use CORE strength principles from Leslie Vernick.

Seek out safe friends who can help you find balance in the craziness you feel.

Find a counselor who is experienced in narcissism and the church.

Stay Safe!

Talk to someone at work, school, or church if you feel unsafe.

Contact the National Domestic Abuse Hotline at 800-799-7233 for immediate help.

Don't wait if you feel like you need help. A false alarm is better than too late!