

COUNSELOR

Who understands and narcissism and knows how to help you heal.

SUPPORT GROUP

That can help you see that you are not alone and others understand what you've been through.

CHURCH LEADERS

Who can work in conjunction with your counselors to keep things on the same page.

LAWYER

Who knows all of the legal ins and outs of narcissism.

www.navigatingreligiousnarcissism.com